III ENCONTRO DE BOAS PRÁTICAS DE ENFERMAGEM EM CUIDADOS DE SAÚDE PRIMÁRIOS

IDENTIDADE, FORMAÇÃO E EXERCÍCIO PROFISSIONAL EM ENFERMAGEM COMUNITÁRIA



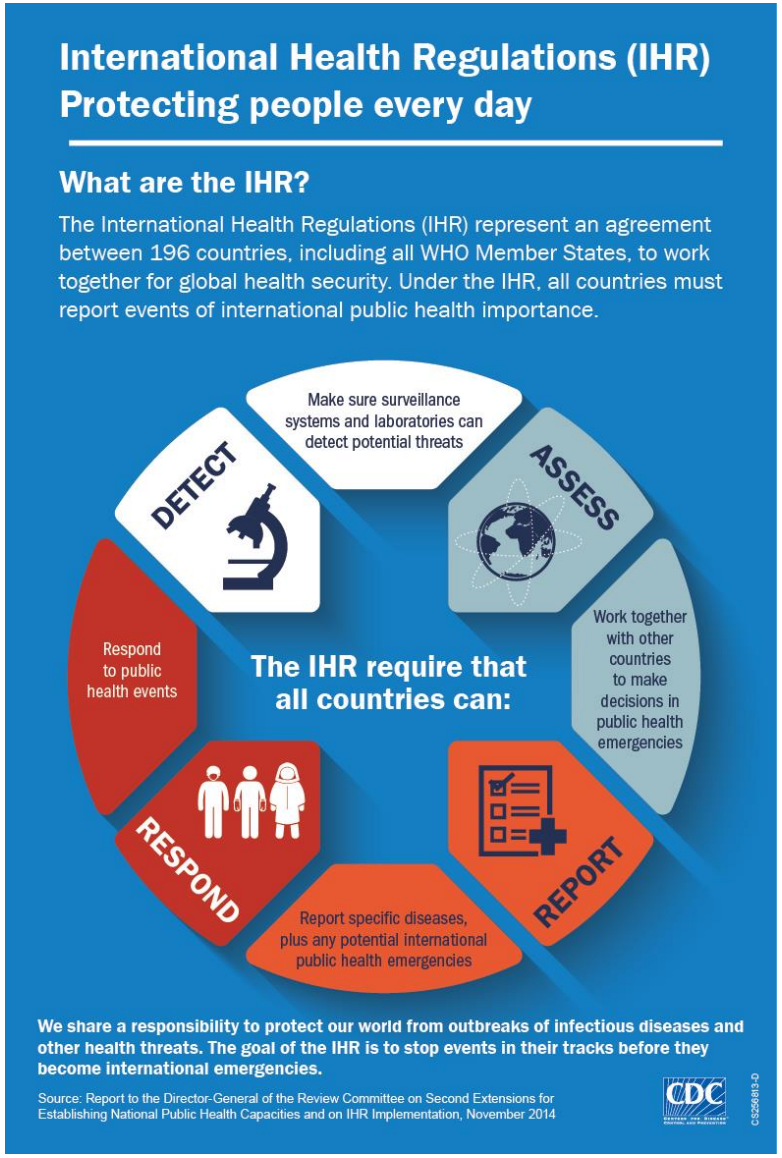
12 DE NOVEMBRO DE 2015

AUDITÓRIO LOUISE MABILLE DA ESCOLA SUPERIOR DE ENFERMAGEM DE SANTA MARIA - PORTO

ORDEM DOS ENFERMEIROS

Mesa do Colégio da Especialidade de Enfermagem Comunitária

Uma Experiência na Consulta do Viajante e Sanidade Internacional





Autor: Enfermeiro Especialista em Saúde Comunitária Sérgio Sousa





Uma Experiência na Consulta do Viajante e Sanidade Internacional

Regulamento Sanitário Internacional

Consulta do Viajante

Formação em Enfermagem

O Regulamento Sanitário Internacional entrou em vigor a 15 de Junho de 2007, foi publicado pelo Aviso nº 12/2008, no Diário da República, 1ª série, nº 16, de 23 de Janeiro de 2008.

OBJETIVO

Prevenir e controlar a expansão das doenças no contexto internacional com a mínima interferência na circulação de pessoas e no comércio.





Uma Experiência na Consulta do Viajante e Sanidade Internacional

Regulamento Sanitário Internacional

Consulta do Viajante

Formação em Enfermagem

Define procedimentos e práticas de rotina em saúde pública em:

- Portos
- Aeroportos Internacionais
- Algumas Fronteiras Terrestres
- Centros De Vacinação Internacional

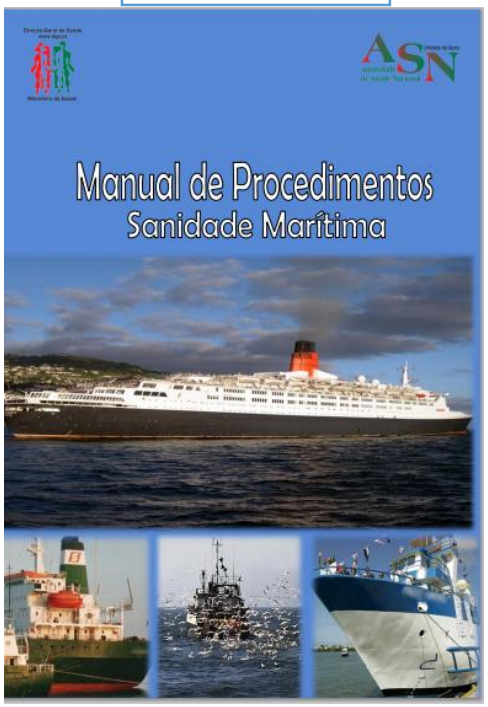
O Serviço de Sanidade Internacional compreende as seguintes áreas de atividade:

- Consulta do Viajante e Sanidade de Fronteiras nos portos de mar e aeroporto.

Ano 2011 → **Presença de 2 Enfermeiros**

↓

Colaboração com Autoridade de Saúde





Centros de Vacinação Internacional

- A vacinação contra a febre amarela é efetuada **apenas** em Centros de Vacinação Internacional do SNS
- Atendem utentes de qualquer região do país
- A vacinação com as vacinas contra a febre amarela e febre tifoide está sujeita ao pagamento das taxas sanitárias em vigor (Port.nº260-A/2011 de 5 de agosto)

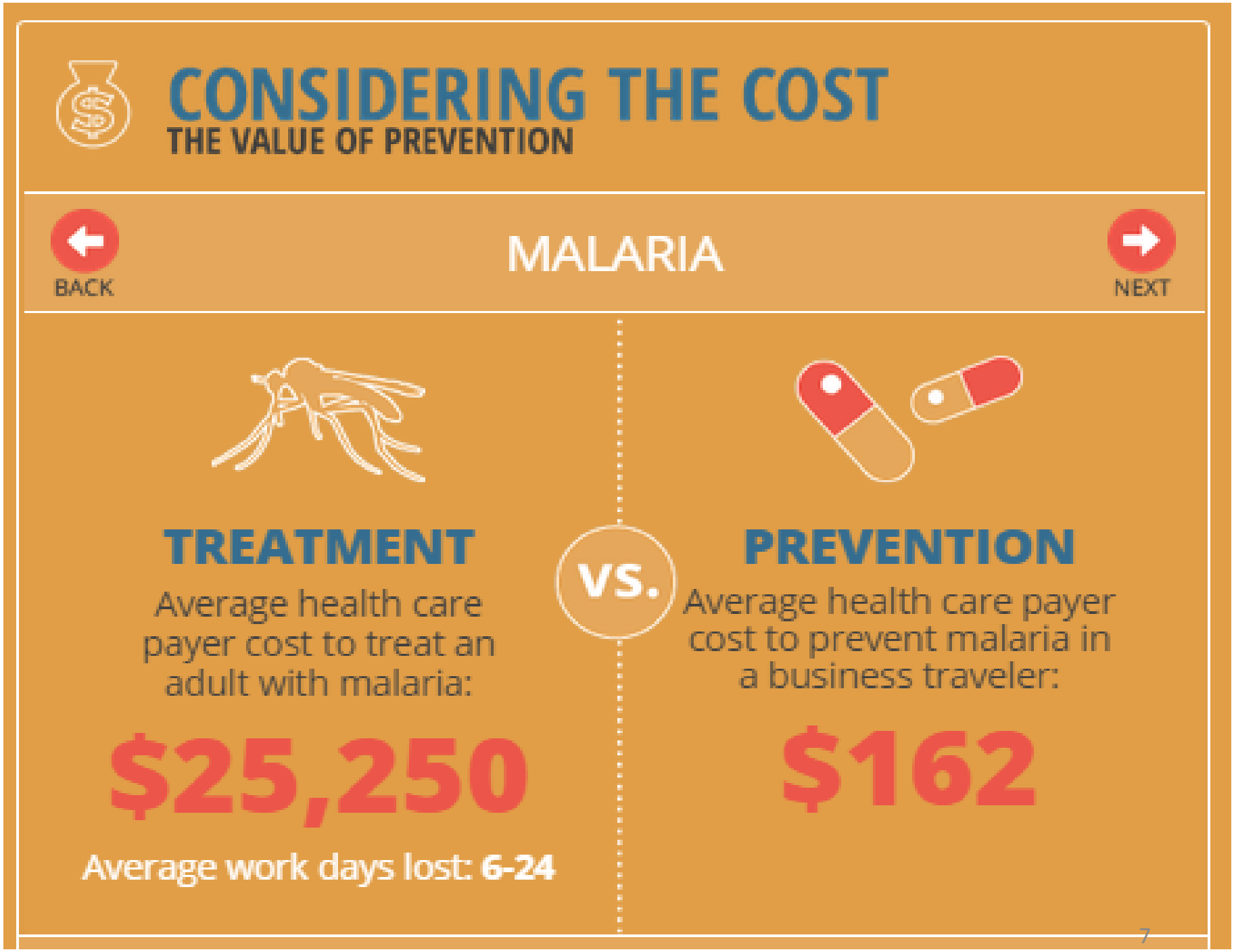


Definição Consulta do Viajante

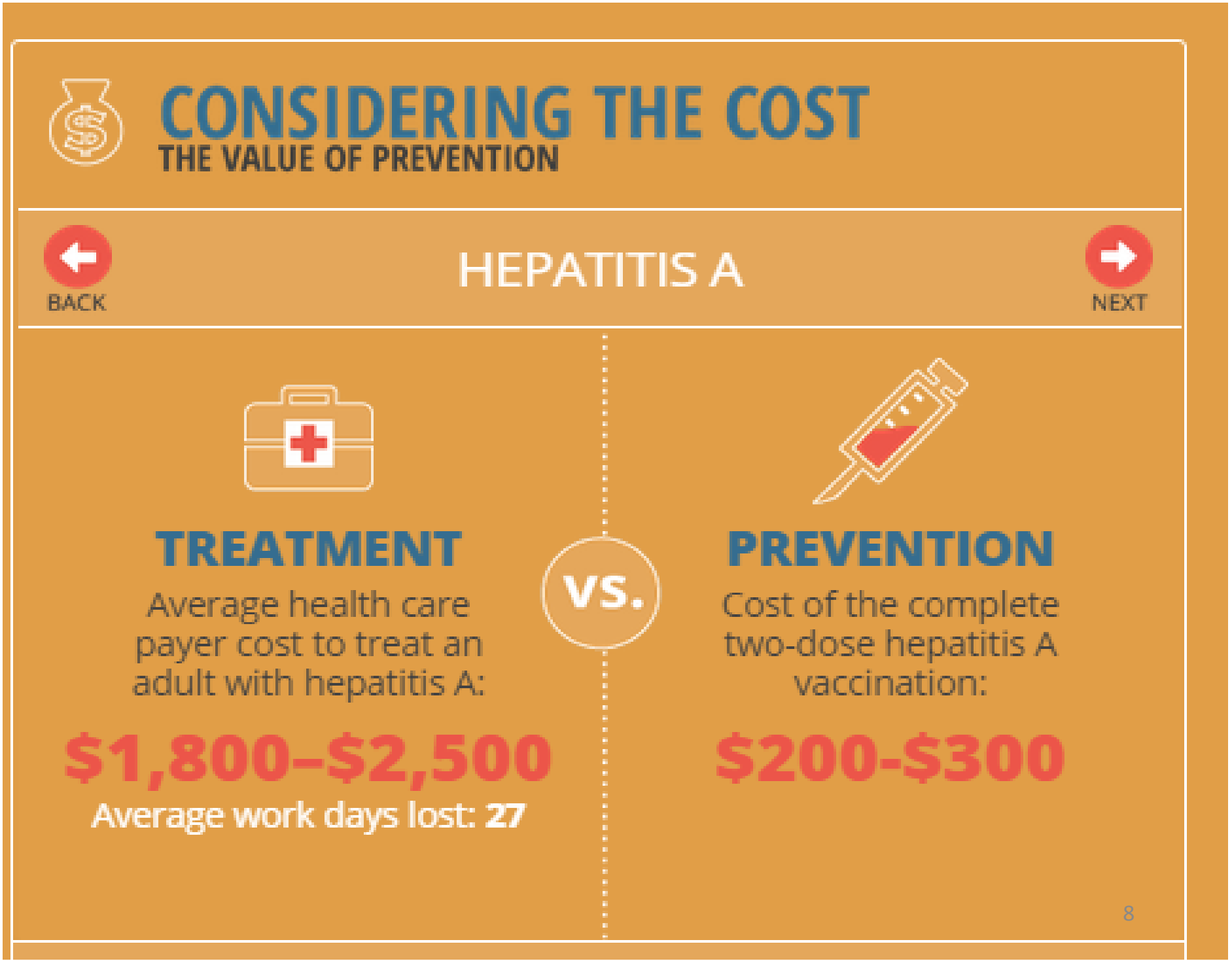
Consulta do Viajante é uma especialidade em saúde altamente dinâmica que incide sobre os cuidados preventivos a ter na pré-viagem.

"A arte da medicina das viagens é selecionar as estratégias de prevenção necessárias, sem provocar eventos adversos desnecessários, custo ou inconveniência"
(Steffen, 1994)

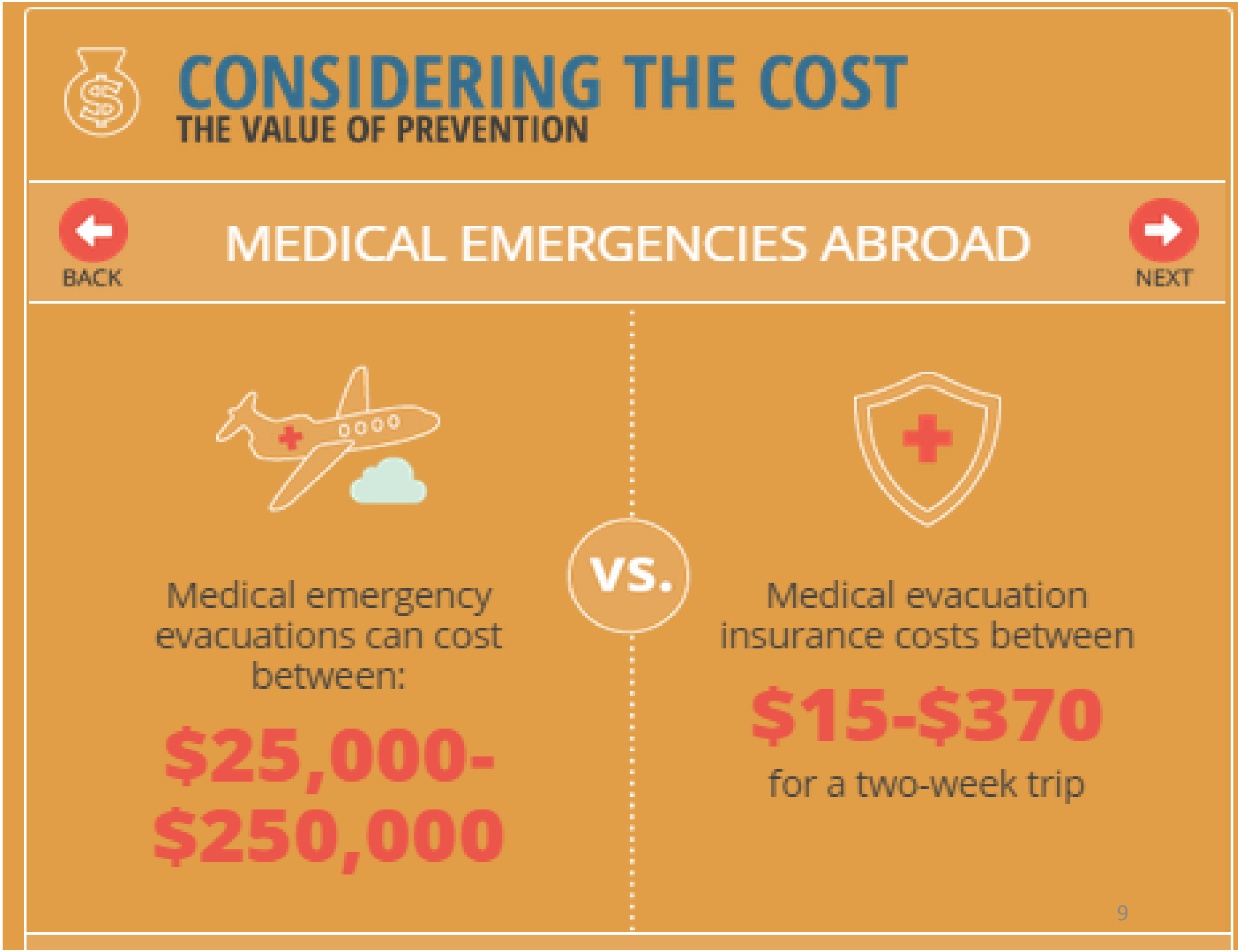



CONSIDERING THE COST
THE VALUE OF PREVENTION
BACK
MALARIA
NEXT
TREATMENT
Average health care payer cost to treat an adult with malaria:
$25,250
Average work days lost: 6-24
VS.
PREVENTION
Average health care payer cost to prevent malaria in a business traveler:
$162

Fonte: CDC


CONSIDERING THE COST
THE VALUE OF PREVENTION
BACK
HEPATITIS A
NEXT
TREATMENT
Average health care payer cost to treat an adult with hepatitis A:
$1,800–$2,500
Average work days lost: 27
VS.
PREVENTION
Cost of the complete two-dose hepatitis A vaccination:
$200-$300

Fonte: CDC


CONSIDERING THE COST
THE VALUE OF PREVENTION
BACK
MEDICAL EMERGENCIES ABROAD
NEXT
Medical emergency evacuations can cost between:
$25,000-$250,000
VS.
Medical evacuation insurance costs between
$15-$370
for a two-week trip

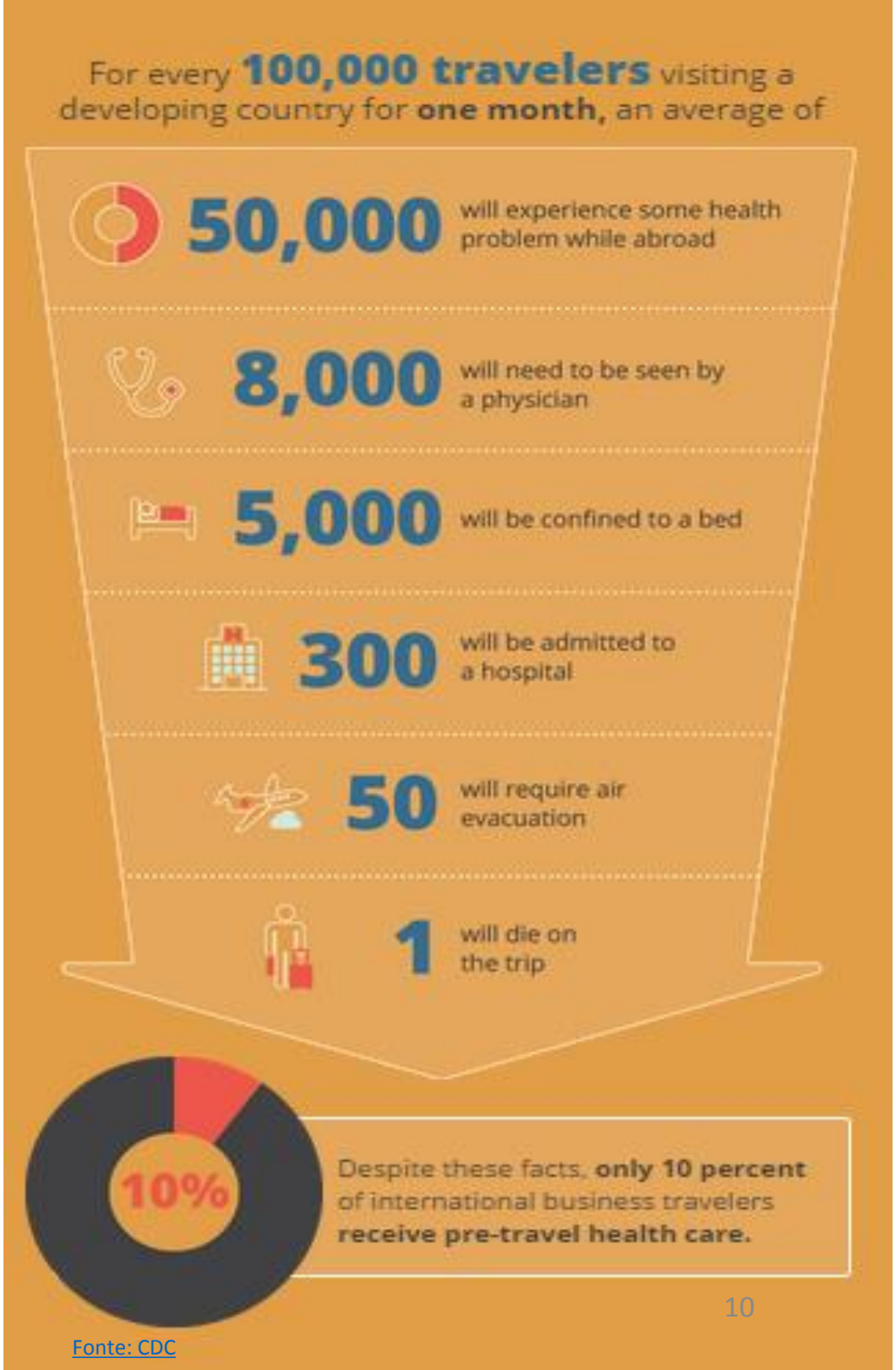
Fonte: CDC

Centros de Vacinação Internacional

Avaliação de risco pré-viagem

Informações sobre o viajante

- Idade e sexo;
- História médica;
- História familiar relevante;
- Estado de saúde atual, incluindo estado de gravidez;
- Medicação;
- Alergia conhecida;
- Experiência em viajar;
- Conhecimento atual e motivação para a prevenção de riscos para a saúde;
- História vacinação anterior;
- Necessidades de saúde especiais.



Fonte: CDC

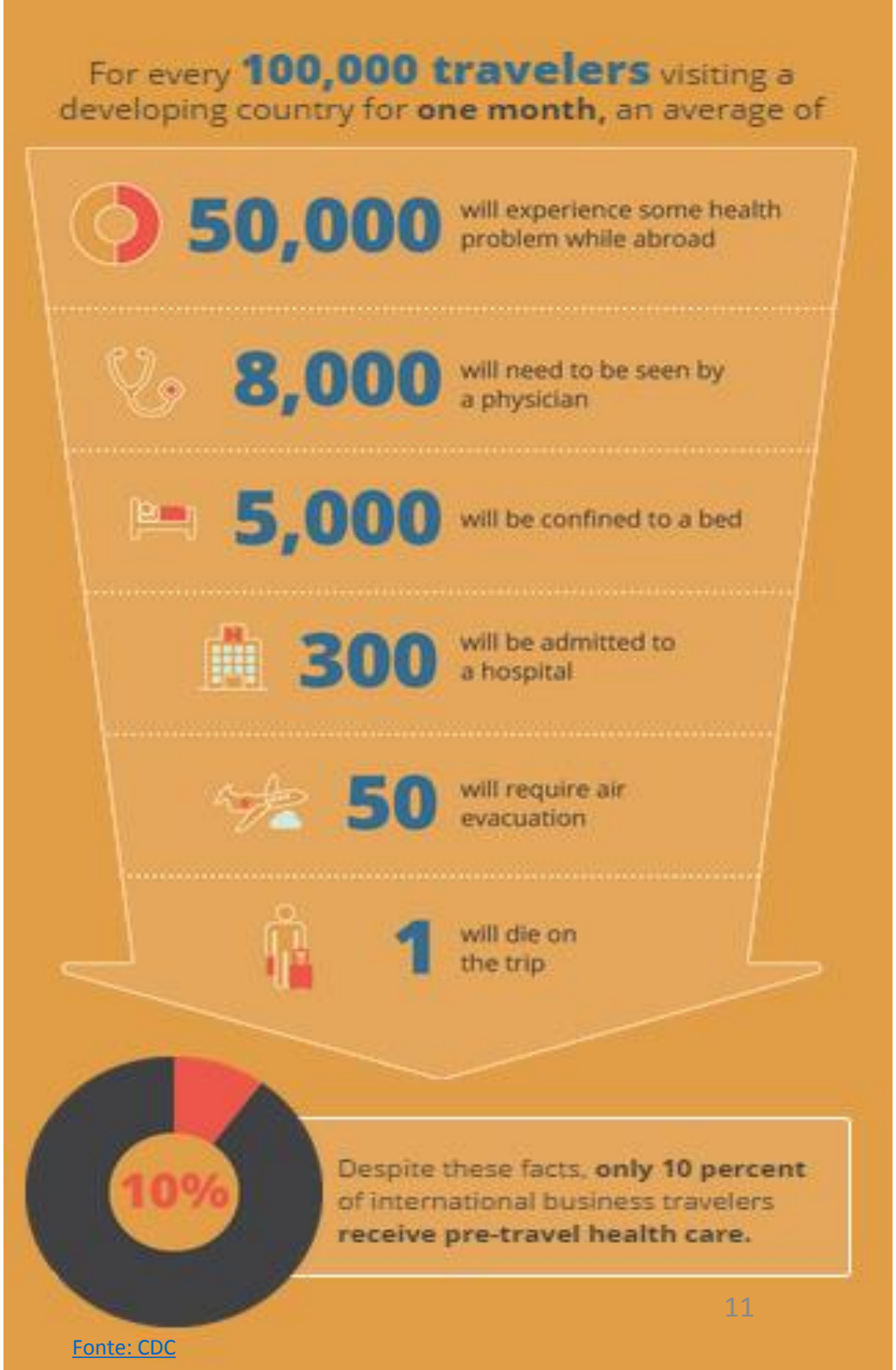
Centros de Vacinação Internacional

Avaliação de risco pré-viagem

Informações sobre o viajante

Informações sobre o itinerário do viajante

- Destino(s);
- Data de saída;
- Duração da estadia;
- Modo de transporte;
- Objetivo da viagem e atividades planeadas;
- Qualidade de acomodação;
- Orçamento financeiro;
- Cuidados de saúde no local de destino;
- Seguro de viagem.



Fonte: CDC



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Vacinas

Obrigatórias

- Febre amarela (Yellow Fever)
- Doença Meningocócica (Meningococcal)

Recomendadas

- Poliomielite (Polio)
- Tétano e Difteria (Tetanus/Diphtheria)
- Haemophilus influenzae
- Sarampo (Measles)
- Hepatite A/B (Hepatitis A/B)
- Febre Tifoide (Typhoid)
- Raiva (Rabies)
- Encefalite Japonesa (Japanese Encephalitis)



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Formação em Enfermagem

Enfermeiros nas Consultas do Viajante e Sanidade Internacional

Ausência de competências definidas

Para onde devem viajar os Enfermeiros das Consultas do Viajante





Formação em Enfermagem → Portugal

Rumo à Certificação de Competências

- Regulamento Sanitário Internacional
- Consulta do Viajante
- **Formação em Enfermagem**

IDSA GUIDELINES

RCN Competences

Royal College of Nursing

The Practice of Travel Medicine: Guidelines by the Infectious Diseases Society of America

David R. Hill,[1,2] Charles D. Ericsson,[5] Richard D. Pearson,[9,10] Jay S. Keystone,[3,4] David O. Freedman,[13,14] Phyllis E. Kozarsky,[15,16] Herbert L. DuPont,[6,7,8] Frank J. Bia,[17,18] Philip R. Fischer,[19,20] and Edward T. Ryan[21,22,23]

[1]National Travel Health Network and Centre and [2]Department of Infectious and Tropical Diseases, London School of Hygiene and Tropical Medicine, London, England; [3]Department of Medicine, University of Toronto, and [4]Center for Travel and Tropical Medicine, Toronto General Hospital, Toronto, Ontario, Canada; [5]Department of Internal Medicine, Clinical Infectious Diseases, University of Texas Medical School at Houston, [6]Department of Internal Medicine, St. Luke's Hospital, and [7]Center for Infectious Diseases, University of Texas at Houston School of Public Health, and [8]Department of Medicine, Baylor College of Medicine, Houston, Texas; Departments of [9]Medicine and [10]Pathology, Division of Infectious Diseases and International Health, University of Virginia School of Medicine, Charlottesville, Virginia; Departments of [13]Medicine and [14]Epidemiology, Division of Geographic Medicine, University of Alabama at Birmingham, Birmingham; [15]Department of Medicine, Infectious Diseases, Emory University School of Medicine, and [16] Division of Global Migration and Quarantine, Centers for Disease Control and Prevention, Atlanta, Georgia; Department of [17]Medicine and [18]Laboratory Medicine, Yale Medical School, New Haven, Connecticut; [19]Department of Pediatrics, Division of General Pediatric and Adolescent Medicine, Mayo Clinic College of Medicine, and [20]Mayo Eugenio Litta Children's Hospital, Mayo Clinic, Rochester, Minnesota; and [21]Department of Medicine, Division of Infectious Diseases, Harvard Medical School, [22]Harvard School of Public Health, and [23]Tropical and Geographic Medicine Center, Massachusetts General Hospital, Boston, Massachusetts

EXECUTIVE SUMMARY

Travel medicine is devoted to the health of travelers who visit foreign countries. It is an interdisciplinary specialty concerned not only with prevention of infectious diseases during travel but also with the personal safety of travelers and the avoidance of environmental risks.

The field has evolved as a distinct discipline over the last 2 decades. It is represented by an international society—the International Society of Travel Me (ISTM)—and by an active clinical group withi American Society of Tropical Medicine and Hy (ASTMH). Those who practice in the field come a wide range of specialty training experiences; hov it is members of the infectious disease communit have frequently taken the lead in providing the evi base for practice. Accompanying the growth of medicine has been a parallel effort in defining a of knowledge and standards for its practice. guidelines set forth the minimum standards for k edge, experience, and practice in travel medicin review the major content areas in the field.

Travel medicine standards are increasingly bas evidence and are moving away from reliance o opinion of experts. Where possible, recommend in this document have been graded using the Infe

Received 22 August 2006; accepted 23 August 2006; electronically published 8 November 2006.

These guidelines were developed and issued on behalf of the Infectious Diseases Society of America.

Practice guidelines are systematically developed statements to assist practitioners and patients in making decisions about appropriate health care for specific clinical circumstances [1]. Attributes of good guidelines include validity,



Travel health nursing:
career and competence development
RCN guidance



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW
TRAVEL MEDICINE

Health Protection Scotland

NaTHNaC
National Travel Health Network and Centre



Formação em Enfermagem → Portugal

Certificação Inicial

Regulamento Sanitário Internacional

Consulta do Viajante

Formação em Enfermagem



Founder and Director of Travel Health Training Ltd. and Travel Health Specialist Nurse at the Village Medical Centre, UK.

Exercer atualmente:

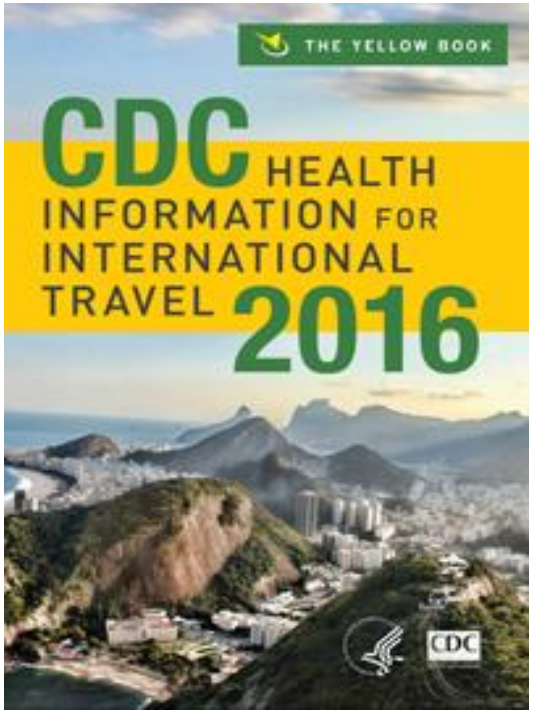
- Travel Health Training Ltd.,
- The Village Medical Centre,
- Royal College of Physicians and Surgeons of Glasgow

Jane Chiodini was the first nurse in England to obtain a the MSc degree in travel medicine. She is a leading figure in the UK in this field of practice, was Chair of the RCN Travel Health Forum 2000 - 2006 and lead author on the RCN guidance: Travel health nursing, career and competence development. She was Hon. Secretary of the Faculty of Travel Medicine of the Royal College of Physicians and Surgeons of Glasgow from 2009 - 2012 and still runs a travel clinic in a primary care setting in Bedford. Jane started training healthcare professionals 14 years ago and is passionate about teaching and developing tools for healthcare professionals to use in a travel consultation. -
See more at:http://www.janechiodini.co.uk/education/new-to-travel/#sthash.MCtkhMY0.dpuf

Bibliografia de referência

- The *"CDC's Health Information for Travelers"*
  - Publicado a cada 2 anos
    - "yellow book"
  - Pode ser acedido em

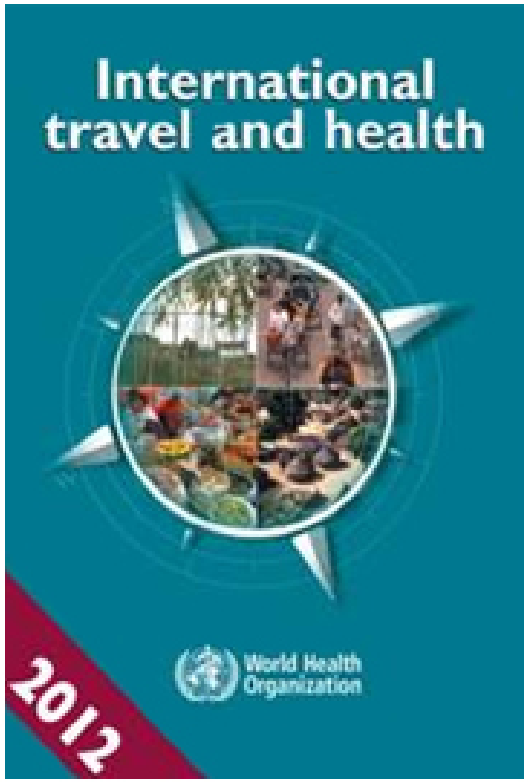
    http://wwwnc.cdc.gov/travel/page/yellowbook-home



Bibliografia de referência

World Health Organization

International travel and health



ITH 2015 updates

- Malaria
  pdf, 188kb
- Annex 1
  pdf, 50kb
- Country list
  pdf, 253kb

Vaccine-preventable diseases and vaccines: 2014 update

International travel and health 2012

ITH 2012 Italian

Fonte: OMS

Uma Experiência na Consulta do Viajante e Sanidade Internacional

Sites de Referência

FÉRIAS E VIAGENS
Cuide da sua SAÚDE!

fitfortravel
Travel health information for people travelling

World Health Organization

CDC

ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW

Royal College of Nursing

fitfortravel

ATHNA
American Travel Health Nurses Association

TravellersDiarrhoea.co.uk

NaTHNaC

TRAVEL MEDICINE and INFECTIOUS DISEASE

Public Health Agency of Canada



PORTAL DAS COMUNIDADES PORTUGUESAS
MINISTÉRIO DOS NEGÓCIOS ESTRANGEIROS



Uma Experiência na Consulta do Viajante e Sanidade Internacional

Tecnologia na Saúde do Viajante

Apps

TravWell

CDC's *TravWell* app helps you plan for safe and healthy international travel. Build a trip to get destination-specific vaccine recommendations, a checklist of what you need to do to prepare for travel, and a customizable healthy travel packing list. The app also lets you store travel documents, keep a record of your medications and immunizations, and set reminders to get vaccine booster doses or take medicines while you're traveling.



Key Features

- Authoritative recommendations from the Centers for Disease Control and Prevention
- During-travel features available offline (no data connection needed)
- Fully customizable to do list and packing list
- Emergency services phone numbers for every destination
- Easy to use and fun

ANDROID APP ON Google play

Download on the App Store

To give feedback about this app, contact CDC-INFO.



Uma Experiência na Consulta do Viajante e Sanidade Internacional

Tecnologia na Saúde do Viajante

Apps

Can I Eat This?

Montezuma's revenge, Delhi belly, or travelers' diarrhea—whatever you call it, it can ruin your international trip. Help prevent travelers' diarrhea by using CDC's *Can I Eat This?* app. Select the country you're in and answer a few simple questions about what you're thinking about eating or drinking, and *Can I Eat This?* will tell you whether it's likely to be safe. With *Can I Eat This?*, you can be more confident that your food and drink choices won't make you spend your international trip in the bathroom.



Key Features

- Authoritative recommendations from the Centers for Disease Control and Prevention
- Access recommendations offline (no data connection needed)
- Easy to use and fun

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Uma Experiência na Consulta do Viajante e Sanidade Internacional

Tecnologia na Saúde do Viajante

Apps





Uma Experiência na Consulta do Viajante e Sanidade Internacional

Tecnologia na Saúde do Viajante

Apps

2014 Yellow Book

CDC Health Information for International Travel (commonly called the Yellow Book) is published every two years by CDC as a reference for those who advise international travelers about health risks. The Yellow Book is written primarily for health professionals, although others will find it useful.

Key Features

- The definitive resource for healthcare providers and individuals seeking consultation in advance of international travel
- Accessible content conveyed in easy-to-understand format, including maps

ANDROID APP ON Google play

Download on the App Store

To give feedback about this app, contact CDC-INFO.




DON'T SPEND YOUR VACATION HUGGING THIS
A quick visit to our travel health clinic can help you avoid getting sick far from home.
Get vaccines, medication and health information customized for your trip.
Come see us before you go
www.sfdph.org/aitc | (415) 554-2625
Design: Better World Advertising [socialmarketing.com]
aitc
IMMUNIZATION & TRAVEL CLINIC
SF DEPARTMENT OF PUBLIC HEALTH